

**15th Annual
Rocky Mountain Gasshuku
at
Keystone Resort, Colorado, USA
On September 25-27, 2009**

Sponsored by:



INTERNATIONAL MARTIAL ARTS ASSOCIATION



Dear Friends and Karate-ka,

On behalf of the International Martial Arts Association (I.M.A), I would like to invite you and your students to our exciting and memorable 15th annual Gasshuku (annual summer camp). Gasshuku is a traditional retreat designed to allow a karate-ka to focus on karate without the daily distractions that interrupt the learning process. By participating in this camp, you will learn many skills and form a better understanding of Martial Arts.

Training will be held in four separate training areas, with students separated into four levels. Please refer to the training schedule for specific levels and training times.

This camp is open to all martial arts students, coaches, and instructors who wish to learn traditional Japanese and the facets of Sport Karate. Please feel free to call 303-665-0339 or contact us by email madani@imakarate.com for any questions. Please mail your applications to: 1340 Main Street Louisville, CO 80027, USA before September 18, 2009.

Thank you for making this gathering happen for fifteen years. I look forward to seeing you.

Sincerely,

Cyrus Madani, 7 Dan
Camp Director

Date and Location:

The IMA Gasshuku camp is held in Colorado's beautiful mountains at the Keystone Resort and Conference Center. The Keystone Resort is located approximately 80 miles west of Denver in Keystone, Colorado. The drive is a little more than one hour and thirty minutes from Denver through the scenic Rocky Mountains. Although the roads are paved, the drive includes a mountain pass over 10,000 feet. There is a direct driving route from DIA to Silverthorne on I-70, east on Highway 6 from Silverthorne to Keystone. Check-in begins at 2:00 p.m. on Friday, September 25th, and checkout is around 11 a.m. on Sunday, September 27th. Training will start promptly at 7:30 p.m. on Friday with full gi. Please refer to the schedule for exact locations of classes.

Participants and guests coming from out of state should be sure to arrive in Denver no later than 12 noon on September 25th. If possible arrive the night before and enjoy an extra day in the beautiful Colorado Mountains. **In addition, you should schedule your return flight to leave late on Sunday.** Participants who live locally should leave home around 3:00 p.m. on Friday, because of traffic on Highway I-70.

Facilities:

The IMA camp is held in the Colorado Rocky Mountains. This area has some of the most beautiful views in the world. Gasshuku is held at the Keystone Resort, which offers countless activities such as, 40 miles of paved paths for walking or biking, 15 pools and hot tubs, a scenic gondola ride, horseback riding, shops, restaurants, golf, whitewater rafting and much more.

Reservation and Rates:

It is recommended that each individual (or family) planning to attend the camp, call the Keystone Resort and Conference Center and make their own personal reservations. This will enable each family or individual to satisfy their particular needs and desires

for accommodations. It is necessary when making reservations that you mention the **IMA Karate Group: our group code is**

CK2MA9, in order to receive the special rate. We encourage you to make your room reservation as soon as you can, because rooms are limited. The special rate per person is as low as **\$25.00** per night, depending on your room. We have a choice of rooms blocked until September 4, 2008 at the following prices for up to four guests:* Keystone Lodge & Spa at \$120.00 per night; Gateway Efficiency at \$99.00 per night; Forest 1 Bedroom at \$120.00 per night; and Conference Village 2 Bedroom at \$140.00 per night. Check out the Keystone website for details about the accommodations. You may also request rooms in any other Keystone facility at the discounted rate subject to availability, such as the Inn at Keystone (Pet friendly). Be sure to provide the group code to get a discount and ensure our group is credited for the room. Rooms are subject to availability and special rates are not guaranteed after September 4, 2009. The number of participants at our camp has been growing every year and we are expecting to have over 150 students this year.

The telephone number for the **Keystone Resort and Conference Center is 970-496-2316, the toll free number for reservations is 1-800-239-1639, website is: www.keystoneconferences.com. **Room expenses, taxes, and incidentals are the responsibility of each individual or family.****

*A daily resort fee of \$7.00 applies to rooms at The Inn at Keystone, which includes free local phone calls, free high speed wireless, free in or outbound faxes, free copies, free use of the business center, free access to the Lodge pool and fitness center and free bottled water in the rooms. A daily Rock Resort's fee of \$15.00 applies to rooms at Keystone Lodge & Spa, which includes twice daily housekeeping service, robes and slippers in each room, complimentary WiFi, complimentary access to Keystone Fitness Center, complimentary newspaper in Lobby, and complimentary valet parking. Fees are subject to a 5.9% taxable surcharge, plus any prevailing state and local taxes.

Training Fee:

One person is: **\$150.00**, the family rate is as follows: two people **\$235.00**, three people: **\$285.00**, four people: **\$330.00**.

The cost for each seminar is: **\$75.00**.

Please remember the training fees are separate from room and board. Please make your check to “IMA”, and return it with the registration form to **1340 Main Street Louisville, Colorado, 80027, USA**. There will be a late charge of \$25 if returned after September 18, 2009.

Instructors:

Training will be held in four separate training areas, with students separated into four levels. Please refer to the training schedule for specific levels and training times. We will update you as to who will teach at this year’s camp.



2008 Camp Group Picture

Schedule of Training:

- Group #1** White to blue belts “4th kyu” (10 yrs. old and under)
- Group #2** White to blue belts “4th kyu” (11 yrs. old and up)
- Group #3** 3rd, 2nd, 1st kyu “brown belt” (all ages)
- Group #4** Junior & Black Belts

Friday, September 25, 2009

- 2:00 – 5:00 p.m.** Check in
- 5:00 – 7:00 p.m.** IMA out of town instructor’s training
- 7:30 – 9:00 p.m.** First training (for all levels and the groups)
- 9:00 – 9:30 p.m.** Meet other campers/receive your souvenir gift

Saturday, September 26, 2009

- 7:00 – 8:15 a.m.** Wake up/breakfast
- 8:30 – 9:45 a.m.** Training for all the groups
- 10:15 – 11:30 a.m.** Training for all the groups
- 11:30 – 3:00 p.m.** Lunch/swimming/.....
- 3:00 – 3:45 p.m.** Fun drills (do not miss)
- 4:00 – 5:15 p.m.** Training for all the groups
- 5:15 – 5:30 p.m.** Camp Group Picture. This is mandatory for all the campers. ***do not miss it*** Please remember to bring your camera

7:00 – 9:30 p.m. Let's celebrate 30 years of Shihan Madani teaching in Colorado and our 15th years of successful camps.

Sunday, September 27, 2009

6:30 – 7:45 a.m. Wake up/breakfast

8:00 – 9:15 a.m. Training for all groups

9:15 – 11:00 a.m. Check out

11:10 – 12:30 p.m. Training for all groups (**do not miss it**)

12:45 – 1:00 p.m. Conclusion: Everyone line up for the ending. Take pictures with friends and/or instructors

Reminder: Participants should bring a minimum of two white gis, personal sparring equipment, and water bottles for classes. Snacks, power bars, journals, and camera are also recommended. Students should plan to participate in as many seminars as possible to take advantage of this special event and training.

Training Fee:

One person is: **\$150.00**

Family Rate:

Two people: **\$235.00**

Three people: **\$285.00**

Four people (or more): **\$330.00**

Single Seminar Participation: **\$75.00/seminar/person**

15th Annual I.M.A. Camp Registration Form

Please fill out this form with your check and mail it to IMA Headquarters 1340 Main Street, Louisville, CO 80027, USA. There is a \$25 late fee if we receive the application after September 18, 2009. Camp dates are September 25-27, 2009. Each individual/family needs to fill out this application.

Please type or print clearly:

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number (____) _____ Age _____

Karate Rank _____ Style/Instructor's Name _____

Dojo Name/Address _____

Email Address: _____

Do you require any medication or have any physical limitations? If yes, please explain: _____

In case of an emergency contact: Name: _____

Phone Number: (____) _____ Relationship: _____

In consideration for participation, training and instruction, the undersigned hereby specifically relieves, releases and discharges the International Martialarts Association (I.M.A.) and any person, firm, corporation or association from all liability or claims of whatever nature or kind which may arise in connection with the said participation, training or instruction.

Camp Celebration Dinner is on Saturday, September 26th

Of Adults for Dinner (+12 yrs.): _____ X \$25.00 = \$ _____

Of Youth for Dinner (6-11 yrs.): _____ X \$15.00 = \$ _____

(Children under 5 are free)

Total Fee for Camp: \$ _____

Grand Total \$ _____

Student Signature or Guardian, if under 18 years old

Date

IMA
1340 MAIN STREET
LOUISVILLE CO 80027
USA