

January

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Year's Day No Regular Training C.H.	2	3
4	5 Regular Training ACSC	6 Regular Training C.H.	7 Regular Training ACSC	8 Regular Training C.H.	9	10 Instructor Training 9:30-11:00am
11	12 Regular Training ACSC	13 Regular Training C.H.	14 Regular Training ACSC	15 Regular Training C.H.	16 Karate Team Special Training 6:30-8:00pm	17
18	19 Regular Training ACSC	20 Regular Training C.H.	21 Regular Training ACSC	22 Regular Training C.H.	23 Karate Team Special Training 6:30-8:00pm	24 IMA Utah C.H. Kyu Testing Tentative
25	26 Regular Training ACSC	27 Regular Training C.H.	28 Regular Training ACSC	29 Regular Training C.H.	30	31 Dan Testing - Colorado

Schedules subject to change.

February

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Regular Training ACSC	3 Regular Training C.H.	4 Regular Training ACSC	5 Regular Training C.H.	6 Karate Team Special Training 6:30-8:00pm	7 Instructor Training 9:30-11:00am
8	9 Regular Training ACSC	10 Regular Training C.H.	11 Regular Training ACSC	12 Regular Training C.H.	13 Karate Team Special Training 6:30-8:00pm	14 Valentine's Day
15	16 Regular Training ACSC	17 Regular Training C.H.	18 Regular Training ACSC	19 Regular Training C.H.	20 Karate Team Special Training 6:30-8:00pm	21 IMA Utah ACSC Kyu Testing Tentative
22	23 Regular Training ACSC	24 Regular Training C.H.	25 Regular Training ACSC	26 Regular Training C.H.	27 Karate Team Special Training 6:30-8:00pm	28

March

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Regular Training ACSC	3 Regular Training C.H.	4 Regular Training ACSC	5 Regular Training C.H.	6 Karate Team Special Training 6:30-8:00pm	7 Instructor Training 9:30-11:00am
8	9 Regular Training ACSC	10 Regular Training C.H.	11 Regular Training ACSC	12 Regular Training C.H.	13 Karate Team Special Training 6:30-8:00pm	14
15	16 Regular Training ACSC	17 St. Patrick's Day Regular Training C.H.	18 Regular Training ACSC	19 New Baby No Regular Training C.H.	20	21
22	23 Regular Training ACSC	24 Regular Training C.H.	25 Regular Training ACSC	26 Regular Training C.H.	27 Karate Team Special Training 6:30-8:00pm	28
29	30 Regular Training ACSC	31 Regular Training C.H.				

Schedules subject to change.

April

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Regular Training ACSC	2 Regular Training C.H.	3 Karate Team Special Training 6:30-8:00pm	4 Instructor Training 9:30-11:00am
5	6 Regular Training ACSC	7 Regular Training C.H.	8 Regular Training ACSC	9 Junior Olympic Championships - Las Vegas No Reg. Training	10 US Open International Competition - Las Vegas	11
12 Easter	13 Regular Training ACSC	14 Regular Training C.H.	15 Regular Training ACSC	16 Regular Training C.H.	17	18
19 Orthodox Easter	20 Regular Training ACSC	21 Regular Training C.H.	22 Regular Training ACSC	23 Regular Training C.H.	24 Karate Team Special Training 6:30-8:00pm	25 IMA Utah C.H. Kyu Testing Tentative
26	27 Regular Training ACSC	28 Regular Training C.H.	29 Regular Training ACSC	30 Regular Training C.H.		

May

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Karate Team Special Training 6:30-8:00pm	2
3 Rocky Mountain Championship Colorado	4 Regular Training ACSC	5 Regular Training C.H.	6 Regular Training ACSC	7 Regular Training C.H.	8 Karate Team Special Training 6:30-8:00pm	9 Instructor Training 9:30-11:00am
10 Mother's Day	11 Regular Training ACSC	12 Regular Training C.H.	13 Regular Training ACSC	14 Regular Training C.H.	15 Karate Team Special Training 6:30-8:00pm	16
17	18 Regular Training ACSC	19 Regular Training C.H.	20 Regular Training ACSC	21 Regular Training C.H.	22 Karate Team Special Training 6:30-8:00pm	23
24	25 Memorial Day No Regular Training ACSC	26 No Regular Training C.H.	27 Regular Training ACSC	28 Regular Training C.H.	29 Karate Team Special Training 6:30-8:00pm	30
31						

Schedules subject to change.

June

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Regular Training ACSC	2 Regular Training C.H.	3 Regular Training ACSC	4 Regular Training C.H.	5 Karate Team Special Training 6:30-8:00pm	6 Instructor Training 9:30-11:00am
7	8 Regular Training ACSC	9 Regular Training C.H.	10 Regular Training ACSC	11 Regular Training C.H.	12 Karate Team Special Training 6:30-8:00pm	13 IMA Utah ACSC Kyu Testing Tentative
14	15 Regular Training ACSC	16 Regular Training C.H.	17 Regular Training ACSC	18 Regular Training C.H.	19 Karate Team Special Training 6:30-8:00pm	20
21 Father's Day	22 Regular Training ACSC	23 Regular Training C.H.	24 Regular Training ACSC	25 Regular Training C.H.	26	27 Dan Testing - Colorado
28	29 Regular Training ACSC	30 Regular Training C.H.				

July

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Regular Training ACSC	2	3	4 4 th of July
5	6 Regular Training ACSC	7 Regular Training C.H.	8 Regular Training ACSC	9 Regular Training C.H.	10 Karate Team Special Training 6:30-8:00pm	11 Instructor Training 9:30-11:00am
12	13 Regular Training ACSC	14 USANKF Nationals 14 th - 19 th Florida Regular Training	15 Regular Training ACSC	16 No Regular Training C.H.	17	18
19	20 Regular Training ACSC	21 Regular Training C.H.	22 Regular Training ACSC	23 Regular Training C.H.	24 Pioneer Day	25
26	27 Regular Training ACSC	28 Regular Training C.H.	29 Regular Training ACSC	30 Regular Training C.H.	31	

Schedules subject to change.

August

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 IMA Utah C.H. Kyu Testing Tentative
2	3 Regular Training ACSC	4 Regular Training C.H.	5 Regular Training ACSC	6 Regular Training	7	8 Instructor Training 9:30-11:00am
9	10 Regular Training ACSC	11 Regular Training C.H.	12 Regular Training ACSC	13 Regular Training C.H.	14	15
16	17 Regular Training ACSC	18 Regular Training C.H.	19 Regular Training ACSC	20 Regular Training C.H.	21	22
23	24 Regular Training ACSC	25 Regular Training C.H.	26 Regular Training ACSC	27 Regular Training C.H.	28	29
30	31 Regular Training ACSC					

September

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Regular Training C.H.	2 Regular Training ACSC	3 No Regular Training C.H.	4	5
6	7 Labor Day No Regular Training ACSC	8 No Regular Training C.H.	9 Regular Training ACSC	10 Regular Training C.H.	11	12 Instructor Training 9:30-11:00am
13 Regular Training ACSC	14 Regular Training C.H.	15 Regular Training C.H.	16 Regular Training ACSC	17 Regular Training C.H.	18	19
20 Regular Training ACSC	21 Regular Training C.H.	22 Regular Training C.H.	23 Regular Training ACSC	24 Regular Training C.H.	25 15 th Annual Gasshuku 25 th - 27 th	26
27 Regular Training ACSC	28 Regular Training C.H.	29 Regular Training C.H.	30 Regular Training ACSC			

Schedules subject to change.

October

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Regular Training C.H.	2	3 Instructor Training 9:30-11:00am
4 Regular Training ACSC	5 Regular Training C.H.	6 Regular Training C.H.	7 Regular Training ACSC	8 Regular Training C.H.	9	10
11 Regular Training ACSC	12 Regular Training C.H.	13 Regular Training C.H.	14 Regular Training ACSC	15 Regular Training C.H.	16	17
18 Regular Training ACSC	19 Regular Training C.H.	20 Regular Training C.H.	21 Regular Training ACSC	22 Regular Training C.H.	23	24
25 Regular Training ACSC	26 Regular Training C.H.	27 Regular Training C.H.	28 Regular Training ACSC	29 Regular Training C.H.	30	31 Halloween

November

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Regular Training ACSC	3 Regular Training C.H.	4 Regular Training ACSC	5 Regular Training C.H.	6	7 Instructor Training 9:30-11:00am
8	9 Regular Training ACSC	10 Regular Training C.H.	11 Regular Training ACSC	12 Regular Training C.H.	13	14
15	16 Regular Training ACSC	17 Regular Training C.H.	18 Regular Training ACSC	19 Regular Training C.H.	20	21
22	23 Regular Training ACSC	24 Regular Training C.H.	25 Regular Training ACSC	26 Thanksgiving No Regular Training C.H.	27	28
29	30 Regular Training ACSC					

Schedules subject to change.

December

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Regular Training C.H.	2 Regular Training ACSC	3 Regular Training C.H.	4	5 Instructor Training 9:30-11:00am
6	7 Regular Training ACSC	8 Regular Training C.H.	9 Regular Training ACSC	10 Regular Training C.H.	11	12
13	14 Regular Training ACSC	15 Regular Training C.H.	16 Regular Training ACSC	17 Regular Training C.H.	18	19
20	21 No Regular Training ACSC	22 No Regular Training C.H.	23 No Regular Training ACSC	24 Christmas Eve No Regular Training C.H.	25 Christmas	26
27	28 Regular Training ACSC	29 Regular Training C.H.	30 No Regular Training ACSC	31 New Year's Eve No Regular Training C.H.		